**SPRING NETBALL Rules of Competition**

1)Full team fees to be paid with registration form.

2)Teams to provide their own bibs. Bibs can be hired for $5 a night with a phone/car keys left as a bond. EFTPOS available.

2. Teams will be paper graded and will depend on the number of team nominations received.

3) In the event of a forfeit please email [Springnetballehna@gmail.com](mailto:Springnetballehna@gmail.com) at least 48 hours prior to your game so the other team can be contacted. A win will be awarded to the other team.

4) This competition is ***play at your own risk*** and EHNA accepts no responsibility for any injury.

5) All rules set out in the INF Rules of Netball 2020 apply, in conjunction with EHNA Regulations

Governing Match Play which is available on the EHNA website.

6) Fingernails must be short, gloves may be worn over short nails.

7) No jewellery is to be worn. No taping over piercing.

7) Team members to be wearing the correct coloured top/uniform.

8) Appropriate sport footwear to be worn.

9) Each game will be 4 x 10 minute quarters with breaks of 1min and 2 mins.

10) All games are centrally timed and will start and finish on the umpire’s whistle.

11) Should an injury occur the umpire will call time for an injury, but the timer will not stop.

12) Team first named will score, team second names will provide the match ball.

13) Team finishing on top of the ladder will be declared the winner. Where two teams finish on the

same points, it will be decided by percentage.

14) Bad language and disrespect for umpires and other players will not be tolerated and may result in

teams/players banned from the competition.

**ADDITIONAL RULES FOR JUNIOR COMPETITIONS**

1. Players are to be aged between 9 years and 15 years

2. Boys under the age of 13 may play in the junior competition with no restriction on numbers or on

court positions.

3. MIXED teams can register with no restriction to the number of boys on the team.

4. The number of boys on the court is restricted to a maximum of three, one in each type of position –

shooting (GS or GA) / centre court (WA, C or WD) / defence (GD or GK).

4. No more than three boys on the court at any time.

5. There is no 3rd quarter Fastnet played in Junior divisions.

**ADDITIONAL RULES FOR 3rd QUARTER FASTNET LADIES & MIXED COMPETITIONS**

1. Players are to be a minimum of 15 years.

2. Males playing in the mixed divisions are restricted to one male in each type of position –

shooting (GS or GA) / centre court (WA,C or WD) / defence (GD or GK).

That is ONE male is EACH positional grouping.

3. A maximum of three men on the court at any time.

4. i) During 3rd quarter Fastnet “POWER QUARTER”, goals scored from outside the goal circle are a

“Power Shot”and worth 3 points.

ii) Only the GS and GA are allowed to shoot.

iii) Once the shooters are in possession of the ball, if their feet are inside the goal circle at any time

it will not count as a “Power Shot” and only 1 point will be awarded.